



FEBRUARY 2025



SPEAK AND LEAD TOASTMASTERS NEWSLETTER

Speak and Lead Sunday Learning Series!



VIRTUAL MEETING

**SUNDAY
FEBRUARY 9
5PM**

**IF INTERESTED IN ATTENDING,
EMAIL
VPPR.TM660313@GMAIL.COM**

**The Speak and Lead
Learning Series are
meetings where we meet
virtually to review videos of
public speakers that will
help us improve our own
speaking skills. If you would
like to join us at our next
meeting at 5pm on
February 9, please email
VPPR.TM660313@gmail.com**

January Speech Recap

January was a great start to the year with many excellent speeches. On our January 2 meeting, Marc delivered a very emotional Ice Breaker speech about his experience as a fireman helping out at ground zero after the attacks of 9/11/2001. Rich delivered an excellent speech in our January 9 meeting about his communication style. Louis delivered a presentation on the new pathways update in our January 16 meeting. In our January 23 meeting, Kelly delivered a very interactive speech called limitless mind and Lauren delivered an excellent Ice Breaker speech. Lastly, Rob delivered an engaging speech about his experience with leadership within Toastmasters.

JOIN THE PUBLIC RELATIONS COMMITTEE

Would you like to join the public relations committee for the Speak and Lead Toastmasters club? Are you willing to write articles for our newsletter? Would you be willing to write short articles for the local newspapers or online sites? Then we need your help! Please contact me Steven Drapkin, VPPR for our club at VPPR.TM660313@gmail.com today so I may add you to our committee.

Meetings Every Thursday At 7:00

<https://speakandlead.toastmastersclubs.org/>

Insta: speakandleadtoastmasters



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District 83 Annual Conference

The District 83 Conference will be taking place at The Westwood in Garwood, New Jersey on April 26, 2025. Full conference pricing includes breakfast, lunch, all educational events (online and in person), International Speech Contest, Evaluation Speech Contest, gift bag, and other surprises. This event will be a great opportunity to meet fellow Toastmasters, experience the District 83 contests, and much more.

Tickets can be purchased on [TM83.org](https://tm83.org)

Area 14 Contest

On February 8, Shivaji will compete in the Area 14 International Speech Contest, while Charisse will be representing Speak and Lead in the Area 14 Evaluation Contest. These both will be held at the Rutherford Public Library at 10 AM, Saturday, February 8.

Please come and support if you can.

<https://speakandlead.toastmastersclubs.org/>

Insta: [speakandleadtoastmasters](https://www.instagram.com/speakandleadtoastmasters)



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Spotlight On Treasurer Charisse Julia Marcelino

Charisse is the Treasurer at Speak and Lead Toastmasters. She has been a Toastmaster for 6 years and Speak and Lead was the first and only club that Charisse has joined. Her desire to be a part of something that she enjoyed and to challenge herself and get outside of her comfort zone, as well as a feeling of being lost and wanting to surround herself with people that motivated her to improve are why she decided to join Speak and Lead. Charisse is currently in the process of completing her visionary pathway. Her goals in 2025 are to be more consistent with presenting speeches in Toastmaster and to network, learn from, and support other Toastmaster members.

Charisse wanted to leave us all with a few quotes.

"It's not a lack of resources. It is a lack of resourcefulness." - Tony Robbins

Instead of only setting goals for what you want to achieve. Also, set goals for how you want to feel."

"Get comfortable with the uncomfortable."

"Focus on what is in your control; there is where you will make a difference."